

ELITE SUMMER VOLLEYBALL PROGRAMS 2018 SUMMER CAMPS

GET READY FOR NATIONALS!

TRAIN WITH THE COUGARS!

HIT & SERVE MINI CLINICS:

June 12th

@ Palos Courts

OR

June 13th

@ Oak Lawn Pavilion

All Mini Clinics are
4:00pm to 6:00pm

GRADES: 4th - 8th & 9th - 12th
Girls & Boys
Camp Investment: \$25 per mini clinic

Hitting/ Jumping/ Serving

FEATURING: **ELITE PERFORMANCE TRAINING**



JUNE 18th – JUNE 21st

Camp can be prorated for missed days

9:30am – 12:00noon

GRADES: 4th - 8th & 9th – 12th Girls & Boys

Location: Palos Court

Camp Investment: \$180

- PLAYER PROFILE BY SPORTS BOARD
- PLAYER LOCKER: VIDEO CLIP & EVALUATION
- IMPROVE FOOTWORK
- LEARN TO GENERATE POWER FROM CORE
- ARM SWING & BODY POSITIONING FOR PRECISE ATTACK & SERVE
- ENHANCE JUMP & IMPROVE TECHNIQUE
- STRENGTH AND AGILITY TRAINING
- T SHIRT

July 10th – 11th
@ Saint Xavier University

All Boys Clinic - Hit & Serve
Featuring SXU Men's Players
10:00am – 12:00pm
Grades 4th - 8th & 9th - 12th

All Girls Clinic – Set, Hit & Serve
Featuring Des Aramburu
1:00 – 3:30pm
Grades: 4th - 8th & 9th - 12th

Camp Investment: \$75
Includes T-shirt



Sports Board – Cutting Edge Performance feedback system

This evaluation system is designed to film, rate skills and add various forms of commentary on a per athlete basis, then share it back to the individual through a "Player Locker". Each player has their own Locker with 24/7 accessibility.

MEET A FEW MEMBERS OF OUR AMAZING STAFF

Elite Performance Training Center – John Griffin

Kinesiology degree from St. Ambrose University
Specialty Training for 12 years – kids of all ages
Currently working with multiple sports programs in our local High Schools: St. Rita, McAuley and Marist
Trains Celtic Force Volleyball Club & Chicago Volleyball Club

Desiree Aramburu

National Champion Coach at McAuley
Played at Radford University and Saint Xavier University



Meg Gardner

2016 State & National Champion Coach
at Mother McAuley
Played at DePaul University

Rudi Balich

Lewis University Assistant Coach
Played at Winona State



Anne Eastman-Kuziela

Captain of the U.S. Olympic Festival Team
Member of our U.S. National Team at World Games in Japan
Played professionally in Switzerland
Member of United States Professional Volleyball Team
Inductee of GCAC Hall of Fame
Saint Xavier Assistant Coach: Women's Team 20yrs., Men's Team 8 yrs.



Please make checks payable to Elite Volleyball Program

For Registration call 773-704-8205 or email aek@elitevolleyballprogram.com

PLAYERS NAME: _____ GRADE ENTERING: _____

PARENT EMAIL: _____

CAMP/CLINICS SELECTED: _____

T SHIRT SIZES: **YOUTH SIZES:** **6/8 10/12 14/16**
PLEASE CIRCLE **ADULT SIZES:** **S M L XL**

In the year of 2018, to the fullest extent permitted by law, I hereby consent and agree to assume all responsibility for any and all risks of damage or injury to my child or my property that may occur in, on, or about the facilities used in connection with this camp/clinic and that I use such facilities, equipment and instruction at my own risk. To the fullest extent permitted by law, I hereby fully and forever release and discharge all instructors, the school & facility and the employees of the facility from any and all liability, claims, demands, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated or unanticipated, which may accrue to my child, for any damages or injury received either in or about the facilities, equipment or instruction of the clinic. I hereby acknowledge that I am the sole judge of my child's physical abilities and condition to engage in this clinic for which the release is given. In the event of an emergency, I give the clinic staff permission to act accordingly to my child's best interest.

PARENT/GUARDIAN SIGNATURE _____ DATE _____

HOME & EMERGENCY PHONE NUMBERS _____

Please mail bottom portion of form with payment to: Elite Volleyball Program 11000 Central Park Ave. Chgo, IL 60655